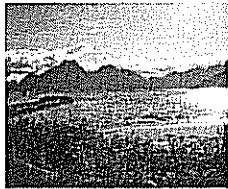


The Enhancement Plan and CRIPA

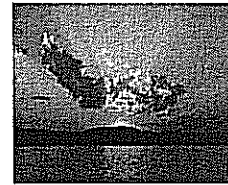


Coalinga State Hospital

Treatment Enhancement Team

Overview

Enhancement Plan and CRIPA



OBJECTIVES

- Demonstrate an increased Awareness of DMH Treatment Enhancement Project by:
 - State the relationship between the Department of Justice and CRIPA
 - Identify Coalinga State Hospital's Role in the Treatment Enhancement Project
 - Identify the stages of change.
 - Identify some things they will see at CSH in the recovery model of service.
 - State some of the Key Concepts of Recovery

Civil Rights of Institutionalized Persons Act (CRIPA)

- Federal statutes that protect the rights of institutionalized people in state or locally operated institutions
- CRIPA authorizes DOJ to conduct investigations and litigation relating to practices depriving institutionalized persons of constitutional or federal rights
- Under CRIPA, DOJ investigated MSH, NSH, ASH, and PSH, and provided findings, 2003-2006.

CRIPA (cont)

- Concluded that CA DMH was not in compliance with CRIPA
 - "...services substantially depart from generally accepted professional standards of care."
- Resulted in judicially enforceable settlement (Enhancement Plan), designed to ensure the provision of appropriate services

CA DMH's response

- "...the CRIPA requirements will fundamentally change the underlying philosophy of treatment and care..." from one that focuses on disease and disability to a focus on skills, strengths, goals, self-determination and hope for individual recovery.
- "The changes will require documentation at levels of frequency and specificity never before attempted by the DMH in order to demonstrate compliance. The changes will affect every staff member at the hospitals and will require significant training and support in order to take hold..."

Enhancement Plan

- ☒ Signed in May, 2006
- ☒ Defines expectations, performance standards, and dates that must be met in order for CA state hospitals to be found in compliance with CRIPA

EP includes agreements relating to

- ☒ treatment planning
- ☒ assessments
- ☒ discipline specific treatment services
 - ☒ Psychiatry, psychology, nursing, rehab therapy, nutrition, pharmacy, medical, infection control, dental, special ed
- ☒ discharge planning
- ☒ documentation requirements
- ☒ performance expectations in the areas of
 - ☒ restraint, seclusion, medications, protection from harm etc.

Enhancement Plan (cont)

- ☒ Five year plan (ends 2011)
- ☒ State hospitals report to court monitors every 6 months, demonstrating the degree to which they are compliant with EP
- ☒ Court monitors have yet to visit CSH
- ☒ EP written with treatment of serious mental illness in mind

Enhancement Plan (cont)

- ☒ DMH has decided to continuing monitoring post CRIPA judgment.
- ☒ CSH will be the first hospital visited by DMH monitors
- ☒ Probably August 2009

Introduction to Recovery Philosophy & Principles

The Department of Mental Health
Treatment Enhancement Project

Key Elements Of Recovery

- ☒ Hope
- ☒ Medication/Treatment
- ☒ Person Centered
- ☒ Empowerment
- ☒ Support

Key Elements Of Recovery

- ▣ Education/Knowledge
- ▣ Employment/Meaningful Activity
- ▣ Self Help
- ▣ Spirituality

Dignity and Respect In A Recovery Model Of Service

- ▣ Recovery, as a Model of Service Includes:
 - ▣ Safe, Violence-Coercion-Free Living Environment.
 - ▣ Exercising Individual & Civil Rights,
 - ▣ Using the complaint process.
 - ▣ Understanding Recovery as a Model of Treatment.
 - ▣ Participation in Treatment Planning and Treatment Service.
 - ▣ Staff supporting and respecting choices in Treatment and in Service Offerings.

Dignity and Respect In A Recovery Model Of Service

- ▣ What you should see at CSH
 - ▣ A Process of Education for All Staff & Individuals Focused On "Recovery"
 - ▣ Establish a Recovery Culture within CSH
 - ▣ Establish a Recovery Based Program/Unit Milieu
 - ▣ Develop and Train Individuals in WARM Treatment Planning Process

Dignity and Respect In A Recovery Model Of Service

- ▣ What you should see at CSH
 - ▣ Develop and Train Staff in WARM Treatment Conference Recording
 - ▣ Implement the Use of Recovery Base Functional Assessments
 - ▣ Implement "Positive Behavioral Support" Treatment Programs/Plans for Individual as necessary and/or appropriate.

Dignity and Respect In A Recovery Model Of Service

- ▣ What you should see at CSH
 - ▣ Increase in Treatment Services offered in Off Unit Settings, Treatment "Mails" & "Virtual Treatment Mails"
 - ▣ Increase in the Use of Competency Based, Curriculum Based Treatment Services

Dignity and Respect In A Recovery Model Of Service

- ▣ What you should see at CSH
 - ▣ Measurable Treatment Outcomes, Including:
 - ▣ An Increase in Individual Self-Determination
 - ▣ An Increase in Personal Empowerment
 - ▣ Individual Pro-Social Functioning with a Reduced Amount Professional/Staff Assistance
 - ▣ An Increase in Positive Decision Making
 - ▣ Increased Satisfaction with Treatment for Individuals Served

Dignity and Respect In A Recovery Model Of Service

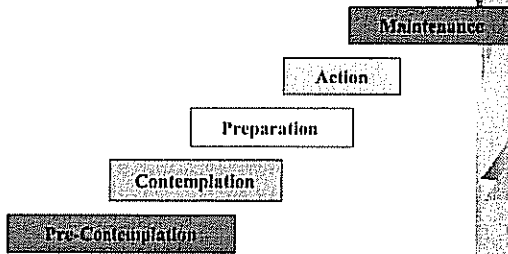
■ What you should see at CSH

- Measurable Treatment Outcomes, Including:
 - An Overall Reduction in the use of Seclusion & Restraint
 - An Overall Reduction in the Use of PRN Medications
 - A Decrease in Violence
 - A Decrease in Aggressive Acts
 - An Increase in Self Directed Participation in Treatment

DMH Treatment Teams

1. Psychiatric Rehabilitation and Recovery
2. Positive Behavior Support
3. By - Choice Incentive Program
4. Therapeutic Milieu
5. Psychosocial Rehabilitation Malls
6. Assessments
7. Data Collection and Monitoring
8. Health Information Management Systems
9. Seclusion and Restraint
10. WaRMSS Advisory Group

Stages of Change



QUESTIONS?

